

APRIL 2019

Ticonderoga Central School

Every day we serve a milk variety including fat free, 1%, and low fat Chocolate
 Along with graham crackers, raisins, craisins and baby carrots!
 Happy Snacking!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Hot Dogs French Fries Baked Beans Chilled Fruit</p> <p>1</p>	<p>Taco Salad (HS) Taco Tuesday (ES) Rice Topping Bar Chilled Fruit</p> <p>2</p>	<p>Twisted Chicken Alfredo Steamed Broccoli WG Dinner Roll Chilled Fruit Dessert Option</p> <p>3</p>	<p>Sentinel Bowl (Popcorn chicken, mashed, gravy) Corn Dinner roll Chilled Fruit Dessert Option</p> <p>4</p>	<p>Stuffed Crust Pizza Garden Fresh Greens Chilled Fruit</p> <p>5</p>
<p>Chicken nuggets French Fries Chilled Fruit</p> <p>8</p>	<p>Chicken Fajita Rice Black Bean Salsa Shredded Cheese, SC Chilled Fruit Dessert Option</p> <p>9</p>	<p>Hearty Meat Marinara Spaghetti Green Beans Garlic Roll Chilled Fruit</p> <p>10</p>	<p>Turkey Gravy Mashed Potato Corn Dinner Roll Mock Pumpkin Pie</p> <p>11</p>	<p>Retro Pizza Green and Gold Salad Italian and Ranch Dressing Chilled Fruit</p> <p>12</p>
<p>NO SCHOOL</p> <p>15</p>	<p>NO SCHOOL</p> <p>16</p>	<p>NO SCHOOL</p> <p>17</p>	<p>NO SCHOOL</p> <p>18</p>	<p>NO SCHOOL</p> <p>19</p> <p>GOOD FRIDAY</p>
<p>NO SCHOOL</p> <p>22</p> <p>EARTH DAY</p>	<p>Chicken Fritter French Fries Carrots & Hummus Chilled Fruit</p> <p>23</p>	<p>BBQ Chicken Corn Cobbet Baked Beans Macaroni Salad Watermelon</p> <p>24</p>	<p>Ham Sub Cheese, Lettuce, Tomato Pickle Slices Baked Chips Chilled Fruit Cookies</p> <p>25</p>	<p>Buffalo Chicken Pizza Carrot and celery sticks Chilled Fruit</p> <p>26</p>
<p>Colossal Cheese Burger French Fries Baked Beans Topping Bar Chilled Fruit</p> <p>29</p>	<p>Chicken Stir fry Stir Fry Vegetable White Rice Chilled Fruit Pudding Cups</p> <p>30</p>			



*2019/2020 School year has free breakfast for each student hop on in and enjoy!

*Menu subject to change without notice

