



PAY FOR MEALS ONLINE
MySchoolBucks.com

MAY 2022

Ticonderoga Central School

1% Milk, Low fat chocolate, craisins, roasted chick peas ,
alternative fruits and veggies all served each day.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>WG Bun 2 Hamburger French Fries Whole Pear Carrot and Ranch cup</p>	<p>WG Pasta 3 Italian Sauce WG Dinner Roll Green Beans Chilled Pears</p>	<p>WG Roll 4 Pulled Pork Cole Slaw Fresh Broc & Cauli floret Chilled apple sauce</p>	<p>Chicken Fajita 5 WG Rice Refried Beans Corn Strawberry Cup</p>	<p>Cheese Pizza 6 Garden Salad Ranch & Italian dressing Chilled mixed fruit</p>
<p>Popcorn Chicken 9 Sweet potato fries Cooked Carrots Peach Cup Scooby snack graham cracker</p>	<p>Macaroni & Cheese 10 Green Salad WG Dinner Roll Fresh oranges wedges</p>	<p>BBQ Chicken 11 Baked Beans Tator Tots Fresh Cucumber Wedges Cinnamon Apple Sauce</p>	<p>WG Cheese Bread 12 Italian dip sauce Caesar Salad HS: Cheese burger deluxe salad/ Soup/ Dinner roll</p>	<p>Cheese Pizza 13 Garden Salad Ranch & Italian dressing Chilled mixed fruit</p>
<p>WG Bun 16 Hot Dog Baked Beans Ruffles Apple sauce</p>	<p>WG Tortilla Chips 17 Topped with Taco Beef Shred Lettuce, Salsa, Cheese Rice Corn Black Bean Salad Peach Cup</p>	<p>Turkey Gravy 18 Mashed Potato Corn WG Dinner Roll Sunshine bar with Cream</p>	<p>WG Bun 19 Chicken Patty Veggie Dippers HS: Chicken Parm Sandwich Chilled fruit</p>	<p>Cheese Pizza 20 Garden Salad Ranch & Italian dressing Chilled mixed fruit</p>
<p>Chicken Tender 23 WG Buttered Pasta Green Beans Chilled Pears</p>	<p>WG Chips 24 Seasoned Beef Hot Cheddar Fresh Veggie Dippers Peach Cup</p>	<p>Baked Ziti 25 WG Dinner Roll Steamed Broccoli Chilled Apple Sauce</p>	<p>Cheese Pizza 26 Garden Salad Ranch & Italian dressing Chilled mixed fruit</p>	<p>27 NO SCHOOL</p>
<p>30 NO SCHOOL</p>	<p>Beef Slider 31 Mini corn dog Baked Beans Ruffles watermelon</p>			

Alternative sandwich & Soup option available also:

Monday:
Ham, PBJ, Cheese

Tuesday:
Turkey, PBJ, Cheese

Wednesday:
Tuna, PBJ, Cheese

Thursday:
Egg Salad, PBJ, Cheese

Friday:
Bologna, PBJ, Cheese

Choice of Chicken noodle or Tomato